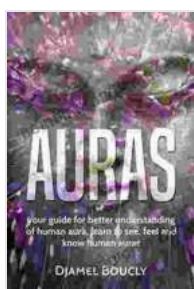


# Your Guide for a Better Understanding of the Human Aura: Learn to Feel, See, and Interpret Its Colors

The human aura is a fascinating and enigmatic phenomenon that has been studied for centuries. It is said to be a field of energy that surrounds the body, and it is believed to contain information about our physical, emotional, and spiritual health.



## Auras: Your guide for better understanding of the human aura, learn to feel, see and read human aura

by Tim Gorman

★★★★☆ 4.3 out of 5

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In this guide, you will learn everything you need to know about the human aura. You will learn how to feel it, see it, and interpret its colors. You will also learn how to use this knowledge to improve your health and well-being.

## Chapter 1: What is the Human Aura?

The human aura is a field of energy that surrounds the body. It is made up of seven layers, each of which corresponds to a different aspect of our being. The seven layers of the aura are:

1. The physical layer
2. The emotional layer
3. The mental layer
4. The astral layer
5. The etheric layer
6. The celestial layer
7. The spiritual layer

The aura is constantly changing, reflecting our thoughts, emotions, and physical health. When we are healthy and happy, our aura is bright and vibrant. When we are sick or stressed, our aura is dull and cloudy.

## **Chapter 2: How to Feel the Human Aura**

There are several ways to feel the human aura. One way is to simply place your hands around the person's body. You should feel a slight tingling or warmth in your hands.

Another way to feel the aura is to use a pendulum. Hold the pendulum over the person's body and watch how it moves. The pendulum will move in different directions, depending on the color and intensity of the aura.

## **Chapter 3: How to See the Human Aura**

Seeing the human aura is a skill that can be developed with practice. There are several techniques that you can use to see the aura, including:

1. **Staring at the person's body:** This is the simplest technique, but it requires some practice. Simply stare at the person's body for a few minutes, and you will eventually start to see a faint glow around their body.
2. **Using a dark room:** This technique is more effective, but it requires a dark room. Sit in a dark room with the person you want to see the aura of. After a few minutes, you should start to see the person's aura as a faint glow around their body.
3. **Using a mirror:** This technique is similar to the first technique, but it uses a mirror. Sit in front of a mirror and stare at your own body. After a few minutes, you should start to see your own aura as a faint glow around your body.

## **Chapter 4: How to Interpret the Colors of the Human Aura**

The colors of the human aura can tell us a lot about a person's personality, health, and emotional state. Here is a brief overview of the different colors of the aura and their meanings:

- **Red:** Red is the color of passion, energy, and vitality. People with a red aura are often strong-willed, courageous, and ambitious.
- **Orange:** Orange is the color of creativity, joy, and enthusiasm. People with an orange aura are often optimistic, playful, and imaginative.
- **Yellow:** Yellow is the color of intellect, clarity, and wisdom. People with a yellow aura are often intelligent, analytical, and logical.

- **Green:** Green is the color of balance, harmony, and growth. People with a green aura are often kind, compassionate, and nurturing.
- **Blue:** Blue is the color of peace, tranquility, and spirituality. People with a blue aura are often calm, serene, and intuitive.
- **Indigo:** Indigo is the color of intuition, insight, and psychic abilities. People with an indigo aura are often deep thinkers, spiritual seekers, and healers.
- **Violet:** Violet is the color of transformation, wisdom, and enlightenment. People with a violet aura are often highly spiritual, compassionate, and wise.

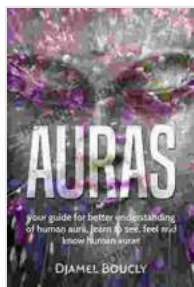
## **Chapter 5: How to Use Your Knowledge of the Human Aura**

You can use your knowledge of the human aura to improve your health and well-being. Here are a few ways that you can use this knowledge:

- **Heal yourself:** You can use the colors of the aura to heal yourself physically, emotionally, and spiritually. Simply visualize the color that you need to heal yourself, and then focus on that color for a few minutes.
- **Help others:** You can also use your knowledge of the aura to help others. You can help them to understand their own aura, and you can help them to heal themselves.
- **Make better decisions:** You can use the colors of the aura to make better decisions. Simply pay attention to the colors of the aura of the people around you, and you will be able to make better decisions about who to trust, who to avoid, and what to do.

The human aura is a fascinating and powerful phenomenon. By learning how to feel, see, and interpret the colors of the aura, you can gain a deeper understanding of yourself and others. You can also use this knowledge to improve your health and well-being.

Free Download your copy of **Your Guide for a Better Understanding of the Human Aura** today!



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