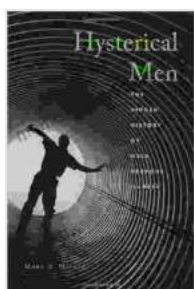


The Hidden History of Male Nervous Illness: Uncovering the Roots of a Global Crisis

A groundbreaking exploration of the historical, cultural, and societal influences on male mental illness

For centuries, male mental illness has been largely hidden from view, its symptoms dismissed as weakness or character flaws. But behind the silence and stigma lies a rich and complex history that has shaped the way we understand and treat mental illness in men.



Hysterical Men: The Hidden History of Male Nervous Illness

★★★★☆ 4.8 out of 5

Language : English

File size : 2870 KB

Text-to-Speech: Enabled

Print length : 384 pages



In this groundbreaking book, award-winning historian Dr. David Pilgrim uncovers the hidden history of male nervous illness, tracing its roots from the ancient world to the present day. Through a wide-ranging exploration of cultural and medical texts, personal narratives, and case studies, Pilgrim reveals the profound impact that gender, class, race, and social expectations have had on the diagnosis, treatment, and understanding of mental illness in men.

Drawing on the latest research in neuroscience, psychology, and sociology, Pilgrim challenges traditional notions of masculinity and mental illness, arguing that they are not inherent traits but rather socially constructed categories that have changed over time and across cultures.

Essential reading for anyone interested in the history of mental illness, the sociology of gender, or the current mental health crisis

The Hidden History of Male Nervous Illness is essential reading for anyone interested in the history of mental illness, the sociology of gender, or the current mental health crisis. It is a powerful and provocative work that will challenge your assumptions about mental illness and shed new light on one of the most pressing health issues facing men today.

Reviews

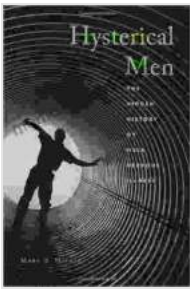
"A groundbreaking work that sheds new light on the hidden history of male mental illness. Pilgrim's writing is clear, engaging, and thought-provoking, and his research is impeccable. This book is a must-read for anyone interested in the history of mental illness, the sociology of gender, or the current mental health crisis." - **Dr. Michael Kimmel, author of Angry White Men: American Masculinity at the End of an Era**

"A powerful and provocative work that challenges traditional notions of masculinity and mental illness. Pilgrim's book is a timely and important contribution to the field of mental health." - **Dr. Bessel van der Kolk, author of The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma**

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